



**Y.A. Government College for Women
Chirala - 523155, A.P.**

Re-accredited with 'B' grade by NAAC(Cyc-2)

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Dr. Ch.Ramanamma
Principal
M.Sc.,M.Phil.,Ph.D.

HEALTH AND HYGIENE

29-03-2022

OBJECTIVES:

- ❖ State the meaning of the term "Personal Hygiene".
- ❖ List out the purposes of maintaining personal hygiene.

DESCRIPTION

The Women Empowerment Cell of YAGDC FOR WOMEN is organized HEALTH AND HYGIENE Programme on 29/03/2022 at Mana TV hall from 3PM to 5PM. The G.G.H Doctor P. Subhashini educated the students by saying that the health and hygiene are closely associated. Personal hygiene is so essential for several reasons like personal well-being, social health, psychological health and simple way of life. Better hygiene leads to better health, confidence and overall growth. Good hygiene is critical for preventing the spread of infectious diseases and helping children lead long, healthy lives.

OUTCOMES:

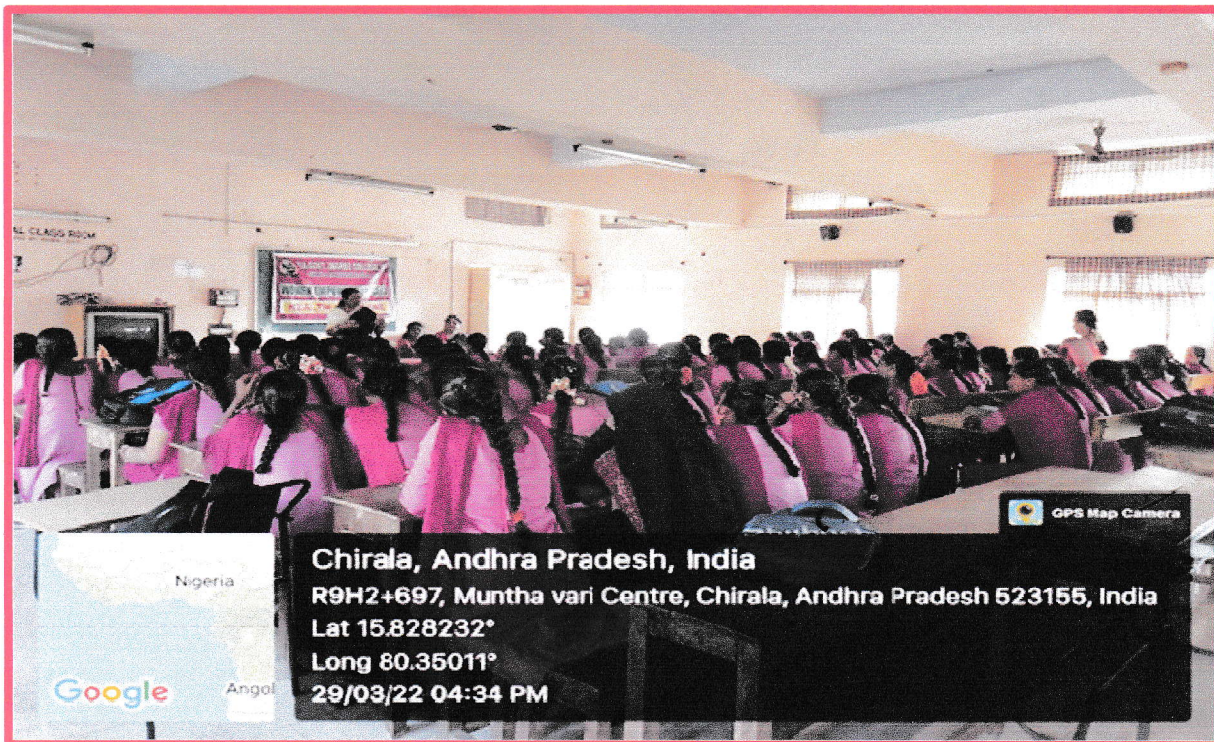
At the end of the programme students come to know what Hygiene, they understand the importance of personal hygiene.

No. of students participated: 90

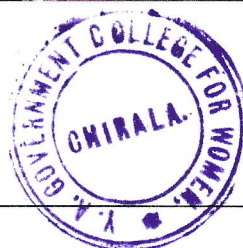



Principal
Y.A. Govt. Degree College for Women
CHIRALA, Praksam Dist., (A.P.)

Health & Hygiene



Resource Person : Dr.P.Subashini , Explaining the health disorders and health protection




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