



Y.A. Government College for Women
Chirala - 523155, A.P.

Re-accredited with 'B' grade by NAAC(Cyc-2)

<https://yagcwchirala.ac.in>

chirala.jkc@gmail.com

gdcwchirala@gmail.com



Dr. Ch.Ramanamma
Principal
M.Sc., M.Phil., Ph.D

Breast feeding Week Celebrations

Date: 03-08-2017

Objectives:

To create awareness about the important and need of breastfeeding among girl students.

Description:

Dr. Nirupama, Area hospital, Chirala, was the chief guest, she addressed the gathering. She explained how breastfeeding protects women from breast cancer, Breastfeeding is one of the most effective ways to ensure child health and survival. Breastmilk is the ideal food for infants. It is safe, clean and contains antibodies which help protect against many common childhood illnesses. Breastmilk provides all the energy and nutrients that the infant needs for the first months of life, and it continues to provide up to half or more of a child's nutritional needs during the second half of the first year, and up to third during the second one year of life. Breastfed children perform better on intelligence tests, are less likely to be overweight or obese and less prone to diabetes later in life. Women who breastfeed also have a reduced risk of breast and ovarian cancers.

Outcomes:

At the end of the meetings students shared their view on the issue. They expressed their thankfulness for arranging such an informative end educative program on an important topic.

No. of Participants: 83



[Handwritten Signature]
8/8/17

Principal
Govt. Degree College for Women
BALA, Prakasam Dist., (A.P.)

Breast feeding week Celebration:



NAME OF THE ACTIVITY : BREAST FEEDING WEEK CELEBRATIONS

VENUE : YAGDCW

DATE : 03-08-2017

Resource person: Dr.P.NIRUPAMMA, CHIRLA.

Principal
Y.A. Govt. Degree College for Women
CHIRALA, Praksam Dist., (A.P.)

