



**Y.A. Government College for Women  
Chirala - 523155, A.P.**

Re-accredited with 'B' grade by NAAC(Cyc-2)

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**Dr. Ch. Ramanamma**  
Principal  
M.Sc., M.Phil., Ph.D.

## Blood Grouping And Diabetes Awareness Programme

**Date: 05-12-2018**

### Objectives:

- To conduct blood tests to identify the blood groups of the students.
- To understand different types of diabetes and their risk factors and to know the symptoms of diabetes.

### BRIEF REPORT

Women Empowerment Cell and Medical and Health Committee organized Free Blood Grouping Tests and Diabetes Awareness Program in collaboration with the Lions Club of Chirala. Dr. G. Subba Rao, Hyma Hospital, Chirala, explained Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. Glucose is your body's main source of energy. Your body can make glucose, but glucose also comes from the food you eat. Insulin is a hormone made by the pancreas that converts the glucose into glycogen. If Pancreas becomes slow in function it doesn't release insulin in required quantity. The Human being become Diabetic. So to avoid diabetic every human being do the Exercises and yoga. Lion B. Suresh Babu, President Lines Club of Chirala, Secretary Lion T. Ramakrishna, Members Lions M. Raghavendra Rao, K. Mohana Rao, Mr. Satish, Lab Assistant, conducted the blood tests, and around 70 students underwent these tests.

### Outcomes:

- Students learned that testing the blood typing results will determine if a person is type A, B, AB, or O and if she is Rh negative or positive.
- Students learnt about different types of diabetes and their risk factors and symptoms of diabetes.

No. of students participated: 70

  
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## Blood grouping programme



NAME OF THE ACTIVITY : Blood Grouping

VENUE : YAGCW

DATE : 05-12-2018

*Resource Person : Dr.Subba Rao ,Hyma Hospital*

## World Diabetes Day Awareness Rally



*YAGCW, Chirala staff and students Participated in world diabetes Day Rally*



*A.P.*  
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